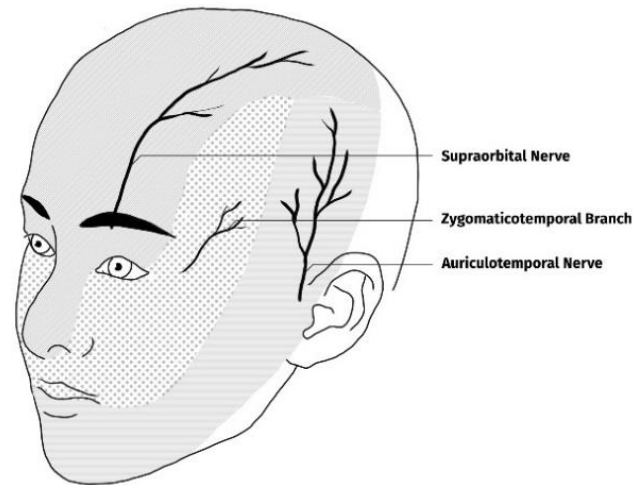


Explanation of Diagnosis/Condition

The zygomaticotemporal nerve is located in the temporal region (the side of the head). This nerve can act as a generator of various types of headaches. People with several headache conditions including frontal, temporal, hemi-cranial, migraine and cluster type headaches may benefit from zygomaticotemporal nerve block injections.

These injections are performed to reduce inflammation of the nerve and the pain impulses that the nerve generates.

Treatment may be repeated.



What to Expect with Treatment

Typically, an anesthetic (e.g., Lidocaine) is injected. Please either of these in your past.

The skin and hair of the side of the head are cleaned with an antiseptic solution and then the injection is performed.

The onset of pain relief related to the anesthetic may be as early as minutes after the procedure.

Possible Complications and Instructions

The risks are low. However, as with any injection procedure, risks include infection, bleeding or pain at the injection site.

Please let your physician know if you are on a blood thinning medication, if you have any active infection or if your diabetes is poorly controlled. In these cases, the procedure may be postponed.

Special Considerations: If you have diabetes, you should monitor your blood sugar closely after the procedure as the steroid may cause it to increase. If it continues to be elevated, contact your primary care physician.

Questions

The CORE Institute is dedicated to your outcome. If any questions or concerns arise, please call The CORE Institute at 1.866.974.2673.